Fennel

Botanical name	Foeniculum vulgare Mill.
Seeding rate	Grown as sweet fennel, bitter fennel or Florence fennel:
	2.5-5 kg/ha when sown on its own
	As a catch crop or on greening or flower pastures:
	8-10 kg/ha when sown on its own
Distance between rows	Grown as sweet fennel, bitter fennel or Florence fennel:
	30-50 cm
	Catch crop and flower pasture: similar to cereals, 12 cm
Sowing period	Grown as sweet fennel, bitter fennel or Florence fennel: mid-late March
	For use as a catch crop or in flower pastures:
	later, up to late May
Sowing depth	2-3 cm



General information and usage

A globally prized medicinal plant (leaves and seeds) used as a vegetable (stem base) and herb (seed)

- Fennel can relieve cramps and flatulence, as well as stimulating the appetite
- Winter fennel cultivation is possible, sown at 9 kg/ha in late August; in Central Europe, summer cultivation with spring sowing (see above) is more common
- In recent years, fennel has been used in Central Europe as part of flower pastures and as a catch crop to loosen soil

Botany

- Family: Celery family (Apiaceae)
- Genus: Foeniculum
- Origin: mainly from the Mediterranean basin, but also native to parts of Africa, Asia and South America
- Fennel is the only species from this genus
- As a species, Fennel is comprised of two subspecies and two varieties



Morphology

- Biennial to perennial herbaceous shrub growing to heights of 1-2 m
- Very deep, turnip-shaped taproot
- ▶ Reproductive flowering phase first occurs in the second year, with numerous blue-green stems emerging from the vegetative leaf rosette
- Leaves finely pinnate
- Yellow flowers emerge from umbels with a diameter of around 15 cm

Varieties and seeds

- A small number of varieties are cultivated as annuals or biennials, especially bitter fennel or fennel for vegetable production
 - Two varieties of Florence fennel have been approved for vegetable production in Germany
 - One bitter fennel variety has been approved in Germany
- In Germany, Florence fennel has the largest area under cultivation

Climate requirements

- Thrives in many different climates; prefers warm or mild-moderate, humid climates
- Maximum yield realised under adequate watering
- Sweet fennel and bitter fennel have almost no frost tolerance, while Florence fennel does tolerate light frosts

Soil requirements

- Well-suited for early and quick-drying soils, not recommended on soils that tend to form a crust
- ▶ Ideally humus-rich, deep, medium-heavy to heavy soils with low weed pressure
- · Can be cultivated on fen-like sites
- Florence fennel has a high water demand
- · Light, dehydration-prone and alkaline soils are less suitable

Crop rotation

- The sequence of crops depends on the planned purpose of cultivation
 - These may include...
 - ... open-air cultivation in parcels when planting Florence fennel
 - ... open-air field cultivation following direct seeding of sweet fennel, bitter fennel or Florence fennel
- Low autotolerance → 4-5 year cultivation interval
- Preceding crops can be anything other than legumes or other members of the celery family
 - Ideally, the preceding crop should leave low amounts of residual nitrogen in the soil
- Cereals are suitable as a subsequent crop; maize and root vegetables are less well-suited due to the possibility of volunteer plants

Soil preparation

 The aim is to have a well-distributed, even, finely crumbled and weed-free seedbed, which allows for direct sowing for vegetable cultivation

Objective	New cultivation
Measures	 Basic soil preparation (primary preparation) clear by ploughing on heavy soils, a cultivator is also a possibility. Secondary processing using a mill or rotary harrow for a fine, well-distributed seedbed.

Sowing

- Target stand: 10,000-35,000 plants/ha
- Field emergence generally occurs 3-4 weeks after sowing

Crop protection

- · Adequate weed control, chemical and mechanical processes may be used
- The disease and weed pressures are generally low under field conditions in Central Europe
 - The cultivation of dill and parsley should be avoided, since they are hosts for potential fennel pests including aphids, concealer moths and anthracnose of leaves and stems.



Fertilisation

• Based on soil testing (comply with the fertiliser regulations!)

Nutrient removal by Florence fennel per year in kg/ha (expected crop yield of 2,500 kg/ha wet weight):

	Total N	P ₂ O ₅	K ₂ O	MgO
Total	69	32	24	11

Nutrient removal by Florence fennel per year in kg/ha (expected vegetable yield of 15,000 kg/ha wet weight):

	Total N	P ₂ O ₅	K ₂ O	MgO
Total	59	24	173	11

- If mineral fertiliser use is planned: Carry out measures prior to sowing, since young plants are very sensitive to elevated salt levels in the soil
- On soils with high N replacement, N fertiliser can be omitted
- On soils with low N replacement, divide the fertiliser into three smaller applications to prevent leaching

Harvest and treatment

- ▶ Vegetable yield: up to 15,000 kg/ha wet weight
- Seed threshing with normal combine harvester and front-mounted cutter at 30-50 cm stubble height
- Harvest should take place once the fruits on the upper umbel begin to turn brown and the fruits on the fully developed lateral umbels have a grey-green colour (→ umbel stems remain green at this point)
 - This generally occurs by mid-late October under annual production
 - In biennial or perennial cultivation, this stage is generally reached by mid-September
- Seed yields: 2,000-8,000 kg/ha wet weight with an essential oil content of 3.4-7.0% (main components: trans-anethole, fenchone and estragole)
- Most fennel seeds remain relatively unripe at harvest
 - Seed moisture levels of 20-40% are typical
 - Quick drying to 14% seed moisture is desirable
 - Drying conditions: 8-24 hours at up to 35°C



Any questions? Please feel free to contact us! +49 2151 - 44 17 0 info@freudenberger.net