Common & tartary buckwheat

Botanical names	Fagopyrum esculentum & Fagopyrum tataricum	
Seed rate	When grown for seeds: 125 seeds/m ² -> 22-36 kg/ha	
	When grown as a catch crop or for flowers and insect protection:	
	300 seeds/m² → 55-90 kg/ha	
Distance between rows	When grown for seeds: 12-18 cm	
	When grown as a catch crop or for flowers and insect protection:	
	12 cm	
Sowing period	When grown for seeds: mid-May	
	When grown as a catch crop: early July to mid-September	
	When grown for flowers and insect protection: mid-May	
Sowing depth	2-3 cm	



- Along with amaranth, quinoa and chia, buckwheat belongs to the group of pseudocereals (= "false" cereals), which, like cereals, also produce starchy grains
- A plant with a surprisingly wide variety of uses
- Difference between the various uses
 - For seeds: to obtain high-quality, gluten-free flour
 - As a catch crop: helps to improve soil fertility
 - For flowers and insect protection: component in several flowering mixes for its attractive yields of nectar, pollen and honey

Botany

- Family: Knotweed family (Polygonaceae)
- Genus: Fagopyrum
- Origin: East & Central Asia/Mongolia, cultivated in Germany since the 13th century

Morphology

- Annual, herbaceous, branched knotweed-like plant,
 0.5-1.2 m tall (depending on the variety)
- Deep taproot with dense fibrous roots
- Herbaceous, branching, hairless stems
- Heart-shaped to arrow-shaped, hairless leaves
- Inflorescence: white (occasionally also yellowish or pink), whorl-forming pseudo-raceme
 - Numerous flowers in the axils of the bracts
 - 10-15 flowering days
 - Exclusively cross-pollinated by insects
- Seed: white and starchy

Varieties and seeds

- The number of varieties is small, with 8 varieties currently approved in Germany
- In Germany, buckwheat is primarily cultivated in catch crop mixtures



Climate requirements

- In Germany and Central Europe, warm areas are preferred
- Significant tolerance to drought, sufficient soil moisture during flowering enhances yields
- Sensitive to late frosts during sowing

Soil requirements

- Does comparatively well in many soils
- ► Thrives in sandy and peaty soils as well as in heathland locations → high degree of tolerance to soil acidity, but thrives best in soils with a neutral soil pH
- Does not tolerate waterlogged soils well
- Considered a pioneer plant
 - Well suited for patches of bare soil
 - Suitable for mobilising otherwise fixed soil phosphorus
 - Positively impacts several markers of soil fatigue and compaction

Main components of the catch crop mixture TERRA GOLD[®] 9 Melioration

• However, the degree of ground cover and root penetration is lower due to the species-specific plant morphology

Crop rotation

- No restrictions, since it is self-tolerant
- Special caution is required with beet crop rotations → potential buckwheat volunteers cannot be treated chemically in beet cultivation
- Crops in which the weed pressure can be well controlled are good preceding crops

Soil preparation

• The aim is to have a well-distributed, even, finely crumbled and weed-free seedbed

Objective	New cultivation
Measures	Basic soil preparation (primary preparation): in heavy soils, clear by ploughing; in areas with light soil, a cultivator can also be used. Secondary processing: use a tiller or rotary harrow for an evenly crumbled, well-distributed seedbed.

Sowing

- ▶ Target density:
 - When grown for seeds: 1.25 million plants/ha
 - When used as a catch crop or for flowers and insect protection: 3.00 million plants/ha
- Emergence generally occurs about 5-7 days after sowing

Crop protection

- Danger of intensive early weed growth due to a low degree of ground cover
 - · Can be easily compensated in catch crop cultivation by using buckwheat in appropriate mixtures
- No approved herbicides for weed control, mechanical weed control possible
 - Calcium cyanamide (approx. 400 kg/ha) does have a good herbicidal effect (keep in mind when planning N fertilisation)
- Buckwheat triggers hatching stimulus in nematodes → these find no food in buckwheat roots → this causes an interruption of the nematode reproduction cycle

Fertilisation

• Based on soil testing (comply with the fertiliser regulations!) Annual nutrient losses in kg/ha:

	Total N	P ₂ O ₅	K ₂ O	MgO
Total	60-80	60-80	60-80	15-20

- If planning to use mineral fertiliser: perform prior to sowing, since young plants are very sensitive to elevated salt levels in the soil
 - The type of sulphate should be chosen carefully, especially when using potash fertiliser, since young sunflower plants are particularly sensitive to chloride
 - No liming & no application of organic fertiliser immediately before cultivation
- ▶ High demand for trace elements (especially boron and molybdenum)

Harvest and treatment

- ▶ Harvest period when grown for seeds: early to mid-August
- Buckwheat ripens unevenly
 - Time to harvest is when most of the grains at the tips of the branches show a brownish shade indicating ripeness
- High yield uncertainty
 - Fluctuating grain yields between 1,000-2,500 kg/ha at 91% DM
- Drying is usually imperative
- Seeds can be threshed using a normal thresher



Botanical name	Fagopyrum esculentum	Fagopyrum tataricum
Common name	Buckwheat	Tartary buckwheat
Ploidy	$2n = 16 \rightarrow diploid$	$2n = 16 \rightarrow diploid$
Morphological features	 Annual herbaceous plant Stem: erect, sparsely branched, reddish Leaves: triangular, hastiform, heart-shaped to arrow-shaped, mostly as long as wide Fruit: triangular achene 	 Annual to biennial herbaceous plant Stem: erect, sparsely branched, green until mature Leaves: triangular, hastiform, heart-shaped to arrow-shaped, mostly wider than it is long Fruit: triangular achene
Hardiness	None, very sensitive to frost, temperatures <3°C are poorly tolerated	Yes
Usage	Grain, catch crop and flowering/nectar gathering	Grain, catch crop and flowering
Harvest and yields	 Very good bee plant Seeds significantly larger Yield expectation: 1,500-2,500 kg/ha marketable goods 	 Only little nectar Much smaller seeds Yield expectation: 500-900 kg/ha



Any questions? Please feel free to contact us! ♦ +49 2151 - 44 17 0
■ info@freudenberger.net